





Candida

- Mucosal candidiasis is characteristic
 Oral, Esophageal, Rectal, Vaginal
- Invasive candida is not AIDS related
 Candida in blood should raise suspicion of catheter related blood stream infection, IV substance use disorder etc
- Fluconazole primary prophylaxis or chronic suppression
 NOT recommended

Initial or recurrent or relapse episode usually not common esp with ART and are easily treatable

Varicella in PWH

Uncommon in US

- Important to make the diagnosis by
- Exposure
- Clinical Presentation
- PCR or DFA of skin lesion

Treatment of Varicella in PWH

- Uncomplicated
- Valacyclovir or Famciclovir x 5-7 days
- Complicated
 IV Acyclovir x 7-10 Days





Herpes Zoster

• Pre ART

- 15 fold high incidence of zoster than general population!!

Post ART

- Still increased risk even on suppressive ART
- Localized (dermatomal)-common
- Common at all CD4
- Frequency inversely proportional to CD4 even if VL<50
 Recurrence is common with HIV
- Unmasking often observed soon after initiation of ART

Herpes Zoster

Disseminated-very rare with HIV

- Almost always CD4<200

Therapy for Dermatomal Zoster

Acyclovir, Famciclovir, Valacyclovir

- Treat within 1 week of rash onset or.... if not fully crusted
- (Longer "permissible window" compared to immunologic normal)
 -48-72 hrs esp if age >50yo
 Duration 7-10 Days

- Steroids NOT recommended to reduce post herpetic neuralgia

Varicella Post Exposure Prophylaxis Close Exposure to Varicella or Zoster

Varicella Seronegative HIV Patients

- VariZIG (High titer plasma derived)
 within 96 hrs of exposure ideally but can give up to 10 days
- Preemptive Acyclovir OR • starting 7-10 days post exposure X 5-7 days
- Varicella Vaccination within 5 days of exposure
 Only if CD4>200
 Don't vaccinate within 5 months of varizig or 3 d of ACV

Prevention of Zoster

 Recombinant VZV glycoprotein E /adjuvant AS01B (RZV-Shingrix)

- Age>50 years

Recommended regardless of CD4 count by OI Guideline
 ACIP is neutral





Complications HIV-Associated Zoster Ophthalmicus

• Ocular - 50% of Herpes zoster ophthalmicus

- VII nerve palsy
- CNS







Zoster Ophthalmicus Related Stroke Carotid Intimal Involvement

Localized Herpes Simplex

- Days or months post zoster (median 4 months)
- Occasionally cutaneous lesions absent (33%)
- DX-PCR of CSF or VZV antibody production in CSF
- Rx acyclovir plus probably steroids

Herpes Simplex

- Common Manifestations at any CD4 - Usual localized cutaneous and genital lesions
- Dissemination
- Extremely uncommon at any CD4 count
- Occurrences at low CD4
- Esophagitis Retinitis
- Dissemination
- Chronic, extensive genital ulcers, often ACV resistant
- Diagnosis
- Culture or PCR useful for cutaneous lesion
 Culture or PCR NOT Useful for mucosal surface-may indicate shedding only





HIV Diseases Associated with EBV

- Oral Hairy Leukoplakia
- CNS Lymphoma (described later)
- Effusion cell lymphoma (described later)



Question #1

Which of the following protozoa can be treated successfully with TMP-SMX?

- A. Cyclospora
- B. Cryptosporidia
- C. Enterocytozoa
- D. Encephalitozoa
- E. Naegleria

Answer #1

Which of the following protozoa can be treated successfully with TMP-SMX?

- A. Cyclospora
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- C. Enterocytozoa
- D. Encephalitozoa E. Naegleria

with HIV Infection in US?		
Clostridioides difficile	54%	
Campylobacter	14%	
Shigella	14%	
Salmonella	7%	

Intestinal Coccidia (subclass of Apicomplexa)

Cryptosporidium

C. parvum: cows
C. hominis: humans

Cyclospora cayetanensis

Cystoisospora belli

- All have worldwide distribution
- All transmitted by water or food contaminated with oocysts
- Organisms invade enterocytes and are mainly small intestine
- All cause watery diarrhea that can be prolonged & severe in immunocompromised

Cryptosporidia

Epidemiology

- Transmitted by human or animal feces
- Notorious outbreaks in municipal water supplies (Milwaukee) Day care centers, animal contact, water parks, oysters, person to person
- Small inoculum adequate for transmission
- Shedding persists after sx resolve

Cryptosporidia

- Clinical Course
- Immunocompetent · Self limited in 10-14 d (nausea, fever, diarrhea)
- Occasional entry into biliary or pancreatic
- Immunosuppressed (not just HIV!) Potentially chronic

Cryptosporidia

Microbiology

- Intracellular protozoan

Pathology

- Normal hosts
- small bowel
- Immunosuppressed
- small and large bowel

Cryptosporidia

Diagnosis

- Secretory diarrhea: no blood, mucous
- One stool sample usually adequate
- Modified acid fast, immunofluorescent, ELISA • PCR
- Small > large bowel Biopsy
- Therapy
- Nothing specific documented to be effective Possible efficacy: Nitazoxanide, Paromomycin, Azithromycin
- ART
- Prevention care
- Avoid suspect animals + contaminated water (pools, ponds) and day



Microsporidia

- Fungus-Not Protozoon
- Intracellular
- Confusing taxonomy
- · Encephalitozoon, Enterocytozoan, Septata....many others
- Diseases in Immunocompetent Patients
- Self limiting diarrhea
- Keratitis

Microsporidiosis in HIV

- Enterocytozoa (mostly E. bieneusi)
- Diarrhea (CD4 < 50)-90% of cases in US</p>
- sometimes with biliary, pancreatic duct involved
- Encephalitozoa (mostly *E. intestinalis*) – Diarrhea (CD4<50)-10% of cases in US
 - (E. intestinalis was formerly Septata intestinalis)
- Disseminated disease with many different species
 Encephalitis, myositis, keratoconjuctivitis, cholangitis et al

Microsporidia-Diagnosis

Direct Culture
 – None

Microscopy

- PCR • Stains
- –H + E and many others



Therapies for Microsporidiosis

Organism	Frequency	Therapy
• Encephalitozoon intestina	lis (10%)	Albendazole
• Entercytozoon bieneusi	(90%)	None (Nitazoxanide) (Fumagillin-Not Available)

Bacterial Enteric Disease and HIV

- Opportunistic
- Salmonella
- (NOT Shigella)
- non jejuni non coli Campylobacter
- Helicobacter
- Also look for proctitis and STDs in certain risk groups
- GC
- Chlamydia
- Syphilis

Salmonella and Shigella in HIV-Infected Persons

- Salmonella
 - Bacteremia more common in HIV pos than HIV neg
- Bacteremia merits HIV test
- Treat all infected patients to reduce likelihood of bacteremia
 Recurrence common
- If recurrence, long term suppression appropriate-(how long?)
- Shigella
- Highly transmissible
- Rarely bacteremic
- Probably treat all diarrhea to reduce shedding, transmission
- Rarely recurs



Clinical Disease Due to CMV Colitis

Clinical Presentation

- Anorexia, abdominal pain
 Non specific large bowel diarrhea
 Mild, moderate, severe
- Diagnosis
 Colonoscopy with cytology or biopsy
 PCR non specific
- Therapy
 Ganciclovir, Valganciclovir, Foscarnet
 Duration: 21-42 days IV vs oral

HIV Associated Cholangiopathy Idiopathic and/or Related to GI Pathogen

- Biliary obstruction and liver injury in patients with Low CD4
 - Presentations
 - Papillary stenosis
 - Intrahepatic sclerosing cholangitis
 Bile duct stricture
- Clinical Manifestations
- Nausea and vomiting
- Severe RUQ pain
- Fever
- Diarrhea and Weight Loss
- Less jaundice than other cholangiopathies

HIV Associated Cholangiopathy

Associations/Causes

- Cryptosporidia
- Microsporidia
- CMV
- Diagnosis and Treatment
- ERCP
- Sphincterectomy
- Treatment of associated pathogens
- ART

Diffuse HIV-Related Encephalopathies

Question #2

A 32-year-old female with HIV infection VL = 100k, and a CD4 count below 10 cells/mm3has failed all available ART regimens.

Her mother brings her to clinic because of confusion for 1-2 weeks. She is afebrile, oriented x 1, and slow to respond. She has nystagmus and CN VI palsy on the right.

The MRI is shown.



Question #2 Which PCR test would support the diagnosis that is most likely in this case? A. JC B. EBV C. CMV

- D. HHV6
- E. HHV8

Answer #2

Which PCR test would support the diagnosis that is most likely in this case?

- A. JC
- B. EBV
- C. CMV
- D. HHV6
- E. HHV8

CMV Encephalitis

Imaging

- Periventricular Enhancement
- (Micronodular throughout CNS)
- Clinical and Laboratory Characteristics
- Low CD4 (<50)
- Rapid onset (days or weeks-unlike HIV)
- Focal CN findings or nystagmus
- CSF pleocytosis sometimes with polys

Question #3 non ARS

Can you tell what the following lesions are in an HIV infected patient with CD4 <50 cells and dementia of uncertain duration?





Question #4

- A 35-year-old male with long standing HIV, untreated, is brought to the ER for a seizure. His CD4 has been < 20 cells.
- The patient admits that he has had a slowly progressive left lower extremity weakness, and his performance at his accounting firm has deteriorated in the past few months.
- MRI findings of a right parietal white matter lesion with no atrophy or ventricular dilation.
- CSF shows wbc 20 (100% lymphs), protein 60

Question #4

- Which of the following CSF PCR tests would be the most useful?
- A. Jakob Creutzfeldt virus
- B. HIV
- C. EBV
- D. BK virus E. JC virus

Answer #4

- Which of the following CSF PCR tests would be the most useful?
- A. Jakob Creutzfeldt virus
- B. HIV
- C. EBV
- D. BK virus
- E. JC virus

Feature	PML	HIVE	CMV
Onset	Subacute	Subacute	Acute
CD4	<100	<100	<50
Dementia			
Motor deficit			
Sensory deficit			
Location	Asymmetric	Svmm	Symm
Cortical atrophy			
Micronodular			
Periventricular			
CSF PCR	JC + 70%	Not helpful	CMV+



Progressive Multifocal Leukoencephalopathy (PML) (JC Virus Encephalitis)

Polyomavirus (JC)

- Transmission probably by respiratory route human to human
 >80% adults infected by JC by antibody testing
- Only known disease is PML
 Most cases in patients with well defined immunodeficiency

PML Can Be Associated with Immunosuppressive Diseases Other than HIV

Transplants

Cancers

- Esp Fludarabine
- Monoclonal Antibodies
- Rituximab
- Efalizumab-T cell blocker for psoriasis > 3 yrs (withdrawn)
- Natalizumab
- (Adhesion molecule inhibitor for Multiple Sclerosis or Crohn's-within 18 months)
- High Dose Corticosteroids

Progressive Multifocal Leukoencephalopathy (PML or JC Virus Encephalitis)

- Disease of White Matter >> Gray Matter
 - Slowly progressive
 - Non enhancing (80%)
 - Multiple focal defects rather than diffuse encephalopathy
 - No fever or headache
 - Optic nerves and spinal cord usually spared
 - Seizures 20%
 - (when lesions abut gray matter)

Progressive Multifocal Leukoencephalopathy

• CSF:

- Cells + protein may be elevated
- PCR for JC+ in 70-90% of biopsy proven patients
 Specificity not 100%: interpret with clinical scenario

Differential Diagnosis

Multiple Sclerosis

• Plasma PCR

- Correlates with immunosuppression rather than being diagnostic for PML

Progressive Multifocal Leukoencephalopathy

- Prognosis without ART
- 50% die in 2-4 months
- Therapy for PML
- ART or reduction in immunosuppression for non HIV
- Check point Inhibitors: nivolumab and pembrolizumab
- virus specific i cells
- Therapy for Inflammatory PML
- IRIS post ART or withdrawal of Natalizumab: Steroids





Question #5

What virus is associated with HIV-related multicentric Castleman disease?

A. CMV
B. HSV
C. HHV 6
D. HHV 7
E. HHV 8

Answer #5

What virus is associated with HIV-related multicentric Castleman disease?

A. CMVB. HSVC. HHV 6D. HHV 7

E. HHV 8

Most Cancers Overrepresented Amo Related to a Vir	ng Patients with HIV are
AIDS-Defining	Virus
 Kaposi's Sarcoma 	HHV-8
 Non-Hodgkin's Lymphoma 	EBV
Invasive Cervical Carcinoma	HPV
Non-AIDS Defining	
Multicentric Castleman	HHV-8
Primary Effusion Cell Lymphoma	HHV-8, EBV
Anal Cancer	HPV
 Hodgkin's Disease 	EBV
 Leiomyosarcoma (pediatric) 	EBV
Squamous Carcinoma (oral)	HPV
Merkel cell Carcinoma	MCV
 Hepatoma 	HBV, HCV

Human Herpes Virus 8 (HHV 8). (KSHV-8)-Also Reviewed in Herpes Virus Lecture • Important • Asposi sarcoma • Castleman disease • Primary Effusion cell lymphoma • Asposi sarcoma inflammatory syndrome • Mon who have sex with men: 13-20% • IVDU-no clear association • Not widely done or useful routinely • Not widely done or useful routinely • Saliva >> sex

Human Herpes Virus 8 (HHV 8)

• Role of HHV 8 PCR

- None clinically

Anti HHV 8 Antiviral Therapy

- No role

Susceptible to Ganciclovir, Foscarnet, Cidofovir



Yarchoan and Uldrick. NEJM. 2018. 378:1029-1041

Kaposi Sarcoma

- Angioproliferative tumor
- Four major subtypes
- Classic: • Indolent cutaneous proliferative disease (mainly affecting extremities)
- Endemic
- Equatorial and sub-Saharan Africa
- Organ transplant associated
- After transplant
- Epidemic
- AIDS-relate

Kaposi Sarcoma







Pulmonary KS

Not all have skin lesions

- Nodules and alveolar filling
- Hemoptysis
- Bloody pleural effusion
- Endobronchial Lesions

Clin Infect Dis 2018: 66: 23

Kaposi Sarcoma

• Diagnosis – Biopsy

 Immunohistochemical staining with antibodies recognizing HHV-8encoded latency-associated nuclear antigen (LANA)

Polymerase chain reaction (PCR) to identify HHV-8 sequences within tumor tissue

Kaposi Sarcoma Therapy

- Antiretroviral Therapy
- KS often regresses with ART alone
 Look for IRIS (unmasking or paradoxical worsening)
- Antiherpes drugs have minimal efficacy
- Chemotherapy
- Local excision or radiation

Kaposi Sarcoma

Local Therapies

- Intralesional vinblastine
 Topical cis retinoic acid
- Radiation Therapy
- Systemic Therapies

– Pomalidomide

- Liposomal doxorubicin (doxil)
- Paclitaxel

Multicentric Castleman Disease

Not Only HIV

- Occurs with other immunosuppressive disorders
- Presentation similar to lymphoma, endemic fungi, TB
- Occurs at any CD4 count
- Fever, weight loss, lymphadenopathy, hepatosplenomegaly
- Cytopenias, Hypergammaglobulinemia
- Kaposi sarcoma may emerge especially if rituximab or steroids used



Multicentric Castleman Disease

Diagnosis

- Biopsy of lymph node or bone marrow
- HHV-8 levels correlate with disease activity

Therapy

- ART
- Some combination of—(not testable)
- Rituximab, Prednisone, Liposomal Doxorubicin, Anti IL6 (sarilumab), AZT + ValGCV

Body Cavity Lymphoma (Primary Effusion Lymphoma)

Uncommon but testable

- 4% of AIDS Associated Lymphomas
- Any CD4 counts
 HHV-8 and EBV associated
- HHV-0 and EDV associated
- B cell malignancy but no B or T markers
 O CD45+
- Presentation
- Pleural/pericardial/peritoneal effusion
 local disease
- Masses unusual but organ infiltration occurs

Body Cavity Lymphoma (Primary Effusion Lymphoma)

Diagnosis

Effusion cytology
 • nuclear HHV8 by immunohistochemistry

Therapy and prognosis – Unclear

KSHV Inflammatory Cytokine Syndrome

Can present as sepsis

- Fever, hypotension, hypoxiaPulmonary, GI, CNS manifestations
- Similar to Castlemans but no adenopathy or splenomegaly

Pathogenesis

- Elevated levels of IL 6 and IL 10
- Elevated levels of HHV-8

Treatment

– Unclear: Rituximab, anti-IL-6



Diffuse Large B Cell Lymphoma in HIV

- Typically present with
- advanced stage and "B symptoms"
- EBV associated • Outcomes – comparable to non-HIV patients
- CNS disease frequent

HHV6 and HHV7 in Patients with HIV Always the Wrong Answer on Exam for HIV

HHV6 in Immunocompetent Children

- Transmitted by saliva to 70-90% US population
- Causes Roseola (Sixth Disease), febrile seizures, encephalitis

HHV-6 and HIV NOT IMPORTANT

- Several cases of level, pheumonius, encephalius

• НН//7

- Clinical: Uncertain importance if HIV + or neg
- Rx: Foscarnet, cidofovir >> ACV, GCV



HPV Related Tumors

Prevention

- Same as non HIV population Condom for preventing transmission and penile cancer
 Circumcision
 Vaccine
- 9 valent vaccine to all males and females 9-26 yo regardless of HIV status
 Cervical screening for HPV with Pap test for women 21-29 yo
- Co testing for HPV not recommended
 Anal screening "recommended by some experts"
- Oral screening not proven beneficial and not recommended
- Antiretroviral Therapy Treatment
- Probably beyond scope of ID boards

What Else Could Be On The Exam? Some Topics That Could Be Easy to Make Into Questions

 Ophthalmology - Retinitis due to pathogens other than CMV

- Retinal lesions that are not retinitis

 Hematology - Acute anemia due to Parvovirus

Tick bites

Herpes Zoster Associated Retinitis

- Acute Retinal Necrosis: Immunocompetent or HIV/CD4>100
 Cutaneous zoster may or may not occur
 - VZV >>HSV, CMV

 - Unilateral but can become bilateral if untreated
- Retinal detachments common
 Acyclovir followed by valacyclovir +/- intravitreal ganciclovir
- Peripheral Outer Retinal Necrosis: HIV/ Immunosuppressed (CD4<50) Multifocal with little inflammation

 - Multitocal with little inflammation VZV >>HSV, CMV Often involves optic nerve Associated with retinal detachment, blindness Therapy rarely successful GCV +/- Fos IV plus intravitreal ganciclovir



Other Lesions That Might Fool You

- Retinal disease related to another issue
- IV drug use
- Blood stream infection due to IV catheter



Roth Spot



Parvovirus Can Cause Severe Anemia in Patients with HIV Infection

Symptoms
Hemoglobin
Reticulocytes
Erythropoietin
Marrow
CD4 Count
B19 Serology
B19 PCR
Therapy: IVIG

Weakness over weeks-months 2.5 - 6.5 g/dl Low > 500 units (80%) Hypocellular Variable Variable (40% +) Positive (Gold Standard) Sensitive but can be positive for months Usually Successful



Ticks and HIV with "Septic Shock"

Exam question

- $-\mbox{ HIV}$ patient presents with fever and shock or hemolysis
- Clues: outdoor exposure, geography, peripheral smear
- Tick borne diseases that are more severe in HIV
- Ehrlichia
- Anaplasma
- Babesia

